

# **CSSC Skater's Code of Conduct**

**Adult members, coaches, and parents/guardians of minor members (under 18) are required to review, discuss, and acknowledge receipt and compliance with the Code of Conduct. Skaters registering with the Colorado Springs Skating Club (CSSC) do so knowingly accept this Code of Conduct both on and off the ice.**

The following rules govern ALL skaters (including Professionals) and parents as applicable:

## **General**

- 1) Skaters are expected to conduct themselves in an acceptable and responsible manner at all times on and off the ice and while representing CSSC at competitions, skating exhibitions, club events, and while wearing CSSC apparel. Members will display model behavior that will provide a good example to our communities and our supporters and will encourage pride in our club.
- 2) CSSC members must conduct themselves in a manner respectful of all rules, policies, and property at Honnen Arena as well as any other facility visited.
- 3) Members are expected to display proper respect and sportsmanship towards fellow skaters, officials, coaches, parents, rink management and staff, and the general public.

## **Safety**

- 1) Any act performed by a club member that a rink attendant, club member, parent, or coach sees and deems unsafe or inappropriate should be brought to the attention of rink management and the CSSC Board of Directors for any disciplinary action necessary. At the discretion of the coach and/or rink management, minor infractions of this code may be handled in cooperation with the skater and parent(s). Repeat violations must to be brought to the Board's attention for action.
- 2) Persons appearing to be under the influence of alcohol or mood-altering drugs will not be allowed on the ice.
- 3) Skaters and coaches must leave the ice promptly at the end of each session in order to allow the Zamboni to maintain its schedule. The Zamboni is not permitted to enter the ice until all skaters have left the ice. Skaters are not

permitted on the ice until 3 minutes after the Zamboni has left the ice and the Zamboni doors have closed.

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## **Ice Etiquette**

1) Foul language, displays of anger, bullying, or skating in a manner that is unsafe to themselves and/or other skaters will not be tolerated. The skater will receive a warning at the first offense by a coach or the rink manager. Upon a subsequent offense, the skater will be asked to leave the ice for the remainder of the session (credit will not be given on ice time). If the skater refuses to leave the ice, their skating privileges will be suspended for their next skating session. Repeat offenders may have their membership revoked. Any skater who is a victim of bullying should inform their parent(s) and coach immediately and a letter of complaint should be sent to the President of CSSC.

2) Deliberately challenging, scaring, or intentionally blocking another skater is prohibited.

3) All skaters must yield to Priority skaters. Priority right of way shall be as follows:

1. i) Coaches and skating instructors in a lesson
2. ii) Skaters in a lesson with music (MUST WEAR YELLOW SASH)
3. iii) Skaters in a lesson
4. iv) Skaters with music

4) Food and gum are not permitted on the ice. Contained water bottles are allowed.

5) Coaches may put on the music of the student they are teaching ahead of other skaters.

6) Please do not stop and restart your music if another CD is waiting in line. Handle the music equipment and everyone's CD's with care.

7) Parents should refrain from interrupting a coach while they are on the ice. If a parent must speak with a coach who is on the ice, s/he should do so while their child is in a lesson with that coach.

## **Member Pledge**

I understand that I have been granted the privilege of becoming a member of the Colorado Springs Skating Club and to skate at the Honnen Ice Arena. As a member of this club I pledge the following:

- At all times my language and behavior will demonstrate good sportsmanship and respect
- I will support and encourage all other skaters at practices, competitions, and test sessions
- I will be polite and respectful of all coaches, parents, staff members, and guests
- I will be considerate and respectful of others' feelings; my outward attitude will remain positive even when my inner feelings are not

## **Member Rights and Duties**

I have the right to be happy, to have fun, and to be treated with respect. It is my duty to encourage others to be happy, to have fun, and to treat everyone with respect.

I have the right to expect that I will not be teased, criticized, or deliberately offended. It is my duty NOT to tease, and to make sure that my behavior is not offensive to other skaters, coaches, parents, rink management and staff members, or guests of our club. It is my duty to find a way to express myself without hurting or offending others.

I have the right NOT to hear bad language and name calling. It is my duty to speak appropriately and to encourage others to do so.

I have the right to learn, at my own level and at my own pace. It is my duty to cooperate with my coach(es) and other officials. I will respect the time my coach(es) gives to me by being on time to lessons, being prepared, being courteous, and being attentive. I have a right to my time with my coach; I will not interrupt or distract other skaters or coaches when they are in lessons.

I have the right to expect privacy and respect for my feelings and my belongings. It is my duty to respect the feelings of others and not to touch anything that does not belong to me.

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## **CSSC Parent's Code of Conduct**

Codes of Conduct give everyone a guide to what is expected of us as we participate as part of an organization, participate in a sport, or as spectators at our child's events.

The essential elements of character building and ethics in sports are embodied in the concept of sportsmanship and six core principles: respect, responsibility, fairness, caring, trustworthiness, and good citizenship. The highest potential of sports is achieved when competition reflect these "six pillars of character".  
*(Arizona Sports Summit Accord)*

- 1) I will encourage good sportsmanship by demonstrating positive support for ALL skaters, coaches, and officials at every practice, competition, and test session.
- 2) I will place the emotional and physical well being of my child ahead of my personal desire to win.
- 3) I will encourage my child to skate in a safe and healthy environment.
- 4) I will inform my child's coach of any physical disability or ailment that may affect the safety of my child or the safety of others.
- 5) I will teach my child that doing one's best is more important than winning, so that my child will never feel defeated by the results of a competitive event.
- 6) I will never ridicule or yell at my child or other participant for making a mistake or blame my child's teammates for placement in a competition.
- 7) I will do my best to make skating fun and will remember that my child participates in sports for his/her own enjoyment and satisfaction – not mine.
- 8) I will ask my child to treat other skaters, coaches, fans, and officials with respect regardless of race, creed, color, sexual orientation, or ability.
- 9) I will applaud a good effort in both victory and defeat emphasizing the positive accomplishments and learning from the mistakes.
- 10) I will teach my child to resolve conflicts without resorting to hostility or violence. 11) I will be a positive role model for my child and other skaters.

12) I will demand a figure skating environment for my child that is free of drug or alcohol abuse and agree that I will not use or provide to a third party any drug proscribed by federal, state, or municipal law.

13) I will not assist or condone any competing athlete's use of a drug banned by the International Olympic Committee, International Skating Union, US Olympic Committee, or US Figure Skating, or, in case of athletes, to use such drugs or refuse to submit to properly conducted drug tests administered by one of these organizations.

14) I will not provide alcohol to, or condone the use of alcohol by minors, abuse alcohol in the presence of athlete members, or at US Figure Skating activities or, in the case of athletes, consume alcohol beverages while a minor.

15) I will encourage my child's coach to continue their education and training through programs offered by US Figure Skating, the Professional Skaters Association, and other accredited organizations.

16) I will respect my child's coach and refrain from coaching my child or other skaters during competitions and practices because it may conflict with the coach's plan or strategies.

17) I will respect the decisions of officials and their authority during competitions and test sessions and teach my child to do likewise.

18) I will show appreciation and recognize the importance of volunteers and club officials.

19) I will study the rules of the US Figure Skating and teach my child accordingly so that we have an understanding and appreciation of the rules of competition and membership.

20) I will support all the opponents in my child's competition and respect the rights of all skaters to participate.

## **CSSC Coaches Code of Conduct**

CSSC, along with USFS, is committed to creating a safe and positive environment for members physical, emotional and social development. Our goal is to ensure environment free of misconduct. It is the individual responsibility of each coach or instructor to aspire to the highest possible standards of conduct. Above all, coaches of young people can have great influence on developing athletes in their quest to reach top levels. This power must not be abused. Therefore, CSSC have set forth these codes of conduct for coaches as a guide

to protect our skaters for the mutual benefit of all concerned. The following points include general principals of competence, integrity, professionalism, ethics, responsible coaching and concern for others.

1) Coaches must strive to maintain high standards of excellence of work. They should recognize boundaries of their particular competencies and the limitations of their expertise.

2) Coaches should seek to promote integrity in their coaching profession. Coaches should always be honest, fair and respectful to others.

3) Coaches shall respect the fundamental rights dignity and worth of all participants.

4) Coaches must avoid conflict of interest. They must not make representations about their qualifications, services, products or fees that are false.

5) Coaches must refrain from using any profane or abusive language.

6) Coaches shall maintain exemplary standards of conduct and must not engage in sexual harassment or misconduct with any athlete.

7) When conflict occurs among coaches' obligations or concerns, they should attempt to resolve these conflicts and to perform their roles in a responsible fashion that avoids or minimizes harm.

8) Coaches must uphold professional standard of conduct. Coaches should be concerned about the ethical compliance of their colleagues conduct. When appropriate, they should consult with their colleagues in order to prevent or avoid unethical conduct.

9) Coaches must be aware of the ethical responsibility to the community and the society in which they work and live. The coach shall strive to serve as a leader and role model in the development of appropriate conduct for the skater both within and beyond USFS setting.

1. 10) Coaches must not use alcohol, illegal drugs or substances which could impair ability or judgment as a coach.

2. 11) Coaches must obey and abide by all USFS published rules, regulations and procedures.

# Terms and Conditions Agreement

I/we hereby apply for membership in the Colorado Springs Skating Club (CSSC). I/we have received a copy of, and will abide by the CSSC Skater's Code of Conduct, CSSC Parent's Code of Conduct or CSSC/USFS Coaches Code of Conduct. By submitting this membership application form, I/we agree to hold harmless CCSC, Honnen Ice Arena, the Colorado College, and all of their employees, directors, officers, sponsors, and agents from any and all loss, damage, and/or injury that may be sustained by these applicants/members in any manner while participating in any of the activities of CSSC and/or the Honnen Ice Arena.

In addition, I give my permission for emergency medical treatment to the skater should that become necessary. I give my consent for these applicants/members to be photographed during CSSC functions and/or events and allow for posting of their images on CSSC sponsored websites, [Facebook](#), newsletters, brochures and bulletin boards.